

BES in association with seed presents

Food for Thought

at **LET'S MEAT**
■ ■ ■ IN ELSTREE & BOREHAMWOOD

On Monday nights through the winter, come munch on a fabulous supper while chewing over Jewish insights into all things food in Let's Meat's special events room!

Turn over for dates.

Fill your pita with schwarma or anything you fancy together with sides - chips and salad - plus a free drink **ALL FOR JUST £9.99!**



Come learn about the meaning behind Jewish eating habits

Monday 15th February - 8.00pm to 9.00pm
Matza - How and Why?

Monday 1st March (Shushan Purim) - 8.00pm to 9.30pm
4 Cups of Wine- How and Why?

Monday 15th March - 8.00pm to 9.30pm
Midnight Feast (Afikomen) - How and Why?

with Rabbi Shimshon Silkin

Drop-ins welcome!

To book in advance, please rsvp to sarahsilkin@yahoo.com
or text 07791217738

LET'S MEAT
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Under the supervision of the Sephardi Kashrut Authority