

Babies & Bagels

In association with **seed** and
Borehamwood & Elstree Synagogue

6-week course for new mothers

18 January: Welcome, fab fruit decorations
with *Dina Brawer* (Tu B'shevat)

1 February: What is in a name - Make your own mezuzah.

15 February: Baby massage techniques with *Lynsey*
Still a person not just a mother! with *Shani Solomon*

1 March: Be creative -
Choice of clay handprints or plate painting kit.

15 March: Story behind Purim with *Esther Boudilovsky*
Adorable home made gift ideas.

9 March: Photo shoot with *Lucy Cowland*

Tuesdays starting 10.00am

**at Borehamwood & Elstree Synagogue,
Croxdale Road WD6**

Cost: £5 per session or £20 for a block of 6 sessions

**To book your place call Jo Pater 07980 309 714
or email joannapater@hotmail.co.uk**



The US

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www.seed.uk.net

Borehamwood & Elstree Synagogue

Please be aware that photographs may be taken,
and lectures recorded for publicity purposes.

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