

# Going Solo

## How to survive the loss of a love

Have you recently lost your partner?

Meet others in the same situation,  
in a relaxed, friendly and confidential atmosphere

Every Wednesday

**Location:** Michael Sobell Community Centre  
221 Golders Green Road, London NW11 9DQ

**Cost:** £2.50 (include's refreshments)

If this is for you please contact  
**Jill Kaye** at [jxkaye@jcare.org](mailto:jxkaye@jcare.org) or  
call **07721 537 911** for further details

**JEWISH CARE**

**MICHAEL  
SOBELL  
COMMUNITY  
CENTRE**