

# BES Tribe Newsletter

## Shabbat Parshat Shemot

### 13th-14th January

Shabbat begins  
at:- 16.02  
Shabbat ends at:-  
17.11

*Hello Everyone!*

*Last week we restarted with a BANG! Youth service had record numbers and clubs were incredible! Sushi making with years 7-8 @ iClub and self defence with Y10 L2L were clubs to remember!*

*The paintballing trip and MATILDA are still available to book, but book quick as space is limited and places are going fast.*

*To book go to [events.theus.org.uk](http://events.theus.org.uk) and look for Borehamwood events.*

**(YOU NEED TO BOOK FOR THE PLAY BY JANUARY 15<sup>th</sup> as we need to book seats well in advance!)**

*This week we have L2L for year 9, which will take place in the shul! We have an amazing self defence course starting on Wednesday IN THE SHUL at the normal time of 7.30-9.00. Please remember to wear trainers and "training gear."*

*All the best,*

*A&E*

BES TRIBE IS GOING TO SEE.....

'Winner of best Musical 2011'

'The best British musical since Billy Elliot..... Unstoppable'

Roald Dahl's  
**Matilda**  
THE MUSICAL  
DENNIS KELLY TIM MINCHIN


Thursday 15th March 2012

Meet at Borehamwood Station @ 6pm

Years: 7- 13 Cost: £15

Book Online at [www.Tribeuk.com](http://www.Tribeuk.com)

For more information please contact Aryeh and Esty  
Telephone Number: 07525370979  
Email Address: [BES@Tribeuk.com](mailto:BES@Tribeuk.com)



# splat!

Borehamwood and Elstree Paintballing Frenzy!!!!  
A chance to shoot all your BES friends!

Date: Sunday 19th February  
Time: 9.30 - 12.30  
Place: Bricket Wood Paintball Centre, AL2 3TF  
Cost: £10 (including 100 paintballs)

For more information contact: Aryeh and Esty  
Telephone: 07525370979  
Email: [BES@tribeuk.com](mailto:BES@tribeuk.com)



## Shemot 14/01

Rishon – Sammy Kingston  
Sheni – “  
Shlishi – “  
Revii – (15) TBC  
Hamishi – (22) Aryeh Sopher  
Shishi – (13) TBC  
Shevii – (23) Aryeh Sopher  
Maftir – “  
Haftarah – Sammy Kingston

## Va'eira 21/01

Rishon – (12) Sam Gordon  
Sheni – Dan Freedman  
Shlishi – Aryeh Sopher  
Revii – (29) Daryl Bernstein  
Hamishi – (12) Yoav Low  
Shishi – (26) Aryeh Sopher  
Shevii – (18) TBC  
Maftir – “  
Haftarah –

Date & Time	Event	Who For & Where?
Sunday 15 <sup>th</sup> January 5.00-6.00 pm	Club 56	Years 5-6
Wednesday 18 <sup>th</sup> January 7.30-9pm	Learn 2 Lead	Year 9 IN THE SHUL!!!
Wednesday 25 <sup>th</sup> January 6.00-7.30pm	iClub	Years 7-8
Wednesday 25 <sup>th</sup> January 7.30-9.00pm	Learn to Lead	Year 10
Sunday 19 <sup>th</sup> February 9.30am-12.30pm	Paintballing!!!	Years 9-13
Thursday 15 <sup>th</sup> March 7.30 (Meet at station @ 6)	Matilda	Years 7-13

*For a special prize this week, the first person to find out Aryeh and Esty's middle names and tell them on Shabbat morning, will be in with a treat!*

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Aryeh - 07525 370 979  
Facebook group: Borehamwood & Elstree Tribe  
Email: [bes@tribeuk.com](mailto:bes@tribeuk.com)